

## Cedar Fort Items

By Mrs. F. N. Berry.

Miss Winnie Hacking entertained at a candy pull Saturday evening.

Mrs. Lysander Berry and daughter, were the guests of Mr. and Mrs. W. L. Berry at supper Sunday evening.

Born to Mr. and Mrs. David A. Berry, a daughter October 28th. Mother and babe doing fine.

Messrs. Lee Chamberlain and Kimball Smith are home from Scranton where they have spent the last month.

Misses Fern and Cora Smith and Layetta Thomas and Messrs. Fred and Russell Parson, Wendell McKinney

and Mr. Walters of Fairfield, were Cedar Fort visitors Friday evening at a party in the Cedar Fort Gym.

Miss Melba Cook entertained Thursday evening at a Topsy-Turvy Halloween party. Guests present were Misses Ila, Fay and Fern Anderson, Arvilla, June and Josephine Berry, Winnie Hacking, Misses Maren and Laura Peterson, Avilda and Margery Cook, Mary Garn, Nettie Bjork, Mrs. Barnes Cook and Mrs. Wallace Anderson, Messrs. Clarence and Owen Ault, Wayne Hacking, E. J. Peterson, Florian Welcker, Russel Chamberlain, David Calton, David Elton and Nyrton Hales. All guests were compelled to dress in topsy-turvy style and enter the home by an upstairs window and slide down a chute, to prettily decorated rooms below. Halloween games were played and refreshments served.

## XMAS HEALTH SEALS

Fight Fake Cures—Thousands Saved Through Good Health.

Part of Utah's campaign against tuberculosis this year, according to James H. Wallis, executive secretary of the Utah Public Health Association, will be combatting the fake "cure" menace. "Utah is counting on winning this fight through the sale of Penny Christmas seals," stated Mr. Wallis.

According to Mr. Wallis, fake "cures" is one of the most vicious enemies the anti-tuberculosis fight encounters. Statistics compiled by the National Tuberculosis Association show that from \$15,000,000 to \$25,000,000 each year is wasted by victims of consumption in the United States on worthless fake "cures."

The number of fake "cures" that have been tried out and exploited for gain or otherwise during the last ten years in the United States is well over a thousand, according to the National Association's records. The Utah Public Health Association with all other affiliated organization of the National Tuberculosis Association is waging a great fight upon these frauds.

Explaining the so-called "cures" Mr. Wallis stated "they are of three kinds. Those exploited by well meaning individuals without any desire to make money and with apparent belief in their effectiveness.

"In this group are such things as dog's blood, onions, lemons, certain types of exercise, etc. All of them when tested are found to be worthless. The second group includes those devices and remedies that can be bought. In this group are liquids, pills, powders, plasters, inhalers, patented stoves, and numerous other devices that are sold at prices usually hundreds of times in excess of their actual value. Besides being worthless they delay the patient in taking up the only measures which can help him. The third group consists of exploited so-called scientific cures."

The National Association states that there is only one known method of curing tuberculosis, fresh air, good food, rest, and proper medical supervision. The best place to obtain this kind of treatment is at a sanatorium, although good results are being secured under proper medical treatment at home, furnished in the majority of cases through the agency of the traveling clinic and the public health nurse. Both of these agencies will be put in the field this year by the Utah Public Health Association.

## BUMPING CURBSTONES

One of the hardest things for a motorist to understand is that a tire frequently suffers serious injury when bumped against a curbstone. Because the tire shows no external damage, the owner is likely to feel that the tire is defective if some time later it blows out as a result of the bump.

All the ingenuity of the skilled tire engineer will never be able to make a tire that is comfortable to ride on and at the same time able to stand up under mistreatment of this sort, says the United States Tire Company. If a driver wants to bang his tires around, he will find it more economical to equip with old-fashioned iron tires than with rubber. A rubber tire will stand a great deal if it will deliver thousands of miles of service over rough roads. But it frequently undergoes internal rupture when given unduly harsh treatment, such as being bumped against a curb. The breakdown is not due to faulty construction but to shabby treatment.

Trucks equipped with pneumatics should be especially careful to avoid this sort of damage to their tires. A truck in backing up to a curb to dis-

charge a load will often crash into a curbstone. The weight of the truck combined with the tonnage of its cargo, causes an especially damaging blow to the tire. Curbstone ruptures of this sort in big pneumatics usually cause the tire to blow just above the head.

See the wonderful values in fall dresses, all going at \$25.75—values to \$50.00. Watson Mercantile Co. adv.

## HOME MISSIONARY

Appointments in The Alpine Stake For Sunday, November 21, 1920.

	Cedar Valley
William Hadfield	Lehi 1st
John Hutchings	Lehi 2nd
John Peterson	Lehi 3rd
Reuben Russon	Lehi 4th
Wm. B. Smith	Lehi Fifth
Lewis P. Cameron	
Henry Moyle	
John Hunter	
P. M. Kelly	
James Brown	
Hyrum M. Blackhurst	
Davis H. Chipman	
Geo. F. Shelley	
R. E. Booth	
James M. Grant	
Henry W. Sanderson	
Jacob Christensen	
B. J. L. Merck	
Jens P. Fugal	
Albert Olsen	
Wm. H. Dittmore	
Cecil L. Ash	
Stanley B. Harris	
Volney Wilett	
John E. Mason	
Lexia M. Clark	
Alma Radmall	
A. P. Warnick	
Joseph Olpin	
Richard Penton	
Leo W. Gontes	
N. O. Malan	
Virgil H. Peterson	
Jos. S. Broadbent	
George Kirkham	
Rodney Allred	

STEPHEN L. CHIPMAN, JAMES H. CLARKE, ABEL JOHN EVANS, Stake Presidency.

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## MINING CROSSCUTS

Two mines are shipping ore. The Silver Dipper patented claim, under lease to George Hemphill and associates is shipping a carload of sulphide lead-silver ore from the Co-op yards. Ausby Baker is doing the hauling. It is said the mine is in good condition for future shipments.

Mr. Baker is also engaged in hauling down a car of ore from the Belorophan mine, of which Carl Ferlin is manager. This is also a sulphide lead-silver-gold ore. The mill was operated only for several weeks this following to considerable dead work having to be done in the mine before extraction could be economically prosecuted. It is said that the mine is in fine condition with large reserves of milling and considerable shipping ore.

John Cleghorn, president of the Globe Con. mine was in this city Saturday and stated that the Globe would soon close down for the winter as there was one foot of snow there at the present time. He stated that the Globe had encountered shipping ore in several places and could begin small shipments if it were not for the lateness of the season. He stated that both raising and sinking for the selective lime beds would be begun in the spring and that the ore already developed was at the intersection of cross-layers.

It is currently reported that the Pittsburg mine has recently been acquired by New York capitalists thru the acquisition of the controlling interest held by the late Alexander Tarbet. A number of engineers have inspected the property recently, and it has been known locally for some years to have an excellent showing of milling and shipping grade ore.

—American Fork Citizen.

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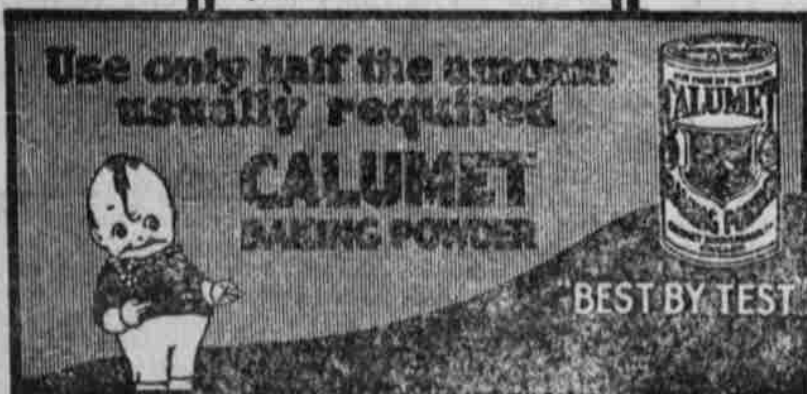
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## Calumet Gold Cake Recipe

Yolks of 8 eggs, 1 1/4 cups of granulated sugar, 2/3 cup of water, 1/2 cup of butter, 2 1/2 cups pastry flour, 3 level teaspoons Calumet Baking Powder, 1 tablespoon of vanilla. Then mix in the regular way.



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